

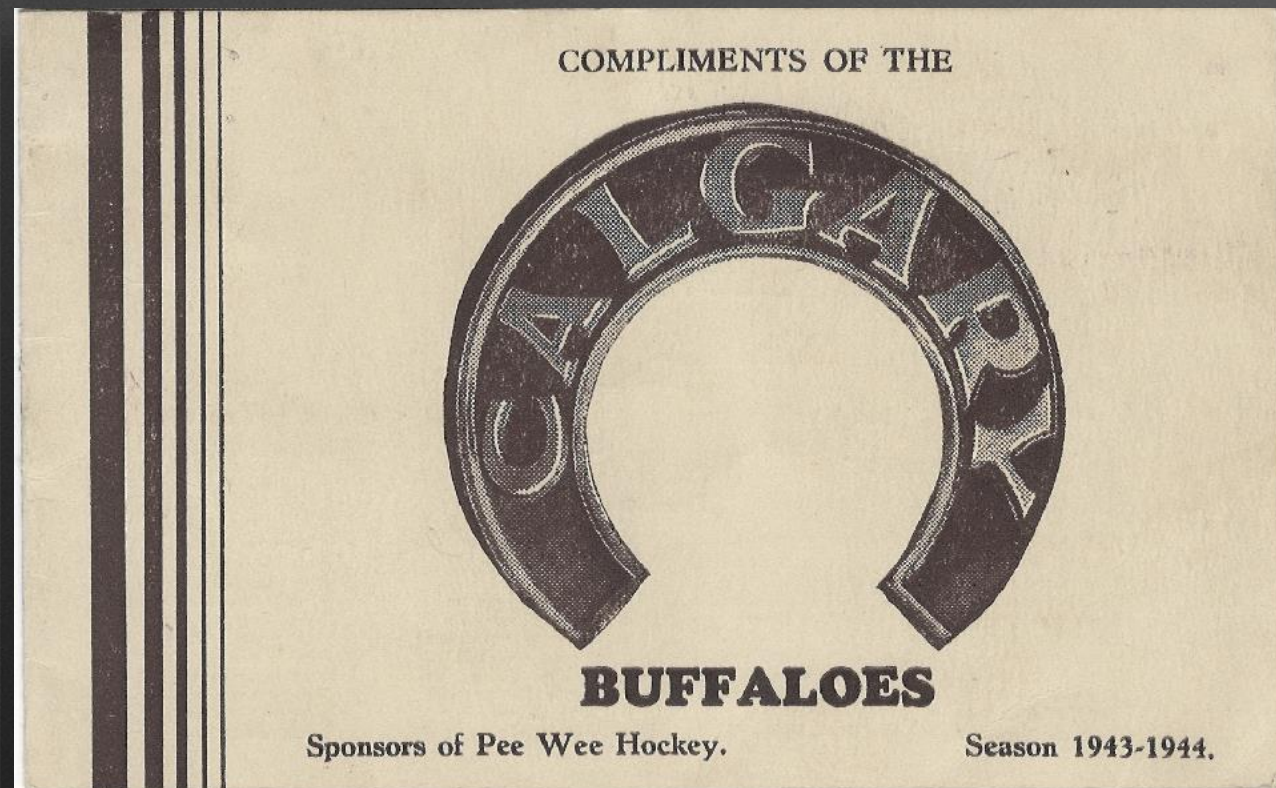


Welcome U13 AAA

"To be the best...then, now, always. Buffaloes together forever."

CBHA 1943 - present

- Oldest Hockey Association in Calgary
- Pride in our history -we had 6 Pee Wee teams at the start!
(although they were 13 yr olds)



CBHA Mission Statement

To provide a development program that facilitates the pursuit of hockey excellence and lifelong learning both on and off the ice.



Values



Accountable

Pride

Honest

Respect

Passion

Perseverance

Desire

Commitment

U13 AAA Team Directors

Each team has a VOLUNTEER Director

Once drafted to a team the Team Director (and Manager) will be your point of contact. Their contact info can be found on the CBHA website.

Registration



- Registration opens June 15 th
- Late registration July 15 th
- First time registrants must contact Lori McDonald to transfer Hockey Canada Profile with the CBHA starting May 1st
- Register for community and quadrant

Conditioning Camp

- See info on website
- Run by CBHA coaches
- No specific goalie camp, 4 goalies per group

Tryouts

- Cost \$TBD
- Open to all players no matter the previous level played
- Opens June 15th



**You must register with your community association to hold a spot if not successful in making a quadrant team*

Cost

- Final registration cost TBD. We are still working on the details of the program. Final cost will be publicized by June 15th
- Team cash calls will be separate to the registration fees and will be determined as to the amount of extra tournaments, team building etc...as decided by the specific team
- Due all at once by Oct 1st or in 3 payments

Evaluations

- Players are chosen(drafted) by the CBHA Coaching Staffs
- Coaches will be looking for: skating skills, puck control, Passing/shooting, attitude and hockey sense
- Mouthguards and neck guards are mandatory!



- Goalies evaluated by the Coaches, supported by the consultation of Goalie Coaches and Johnny Webb

- After the first 4 ice times there will be releases down to an approx. Top 70 This will be posted on the website
- The top 70 will skate once more divided into 4 teams.
- Each team will draft approx. 25 skaters and 3 goalies from the top 70
- Drafted teams will be posted on the website with their next ice time
- Those drafted but are not successful in making a team may be asked to affiliate.



Team structure



Two U13 AAA team per association - 8 in Calgary

No Max or Minimum amount of 1st year players

Roster of 17 or 18 = 15/16 skaters & 2 goalies

Non parent coaches with Development 1 coaching certification

On Ice development

- Most practices at Cardel. There will be some at other rinks.
- Most games on weekends. 2-hour ice permit. One flood every two periods
- Periods: 20 minutes
- Thanksgiving Tournament in Calgary
- Extra skill sessions with 3rd party specialists



- Coach mentorship, Coaches meetings, drill sharing
- Goalie development – Johnny Webb

Off Ice Development

- Training with an approved CBHA vendor
- Once a week as schedule permits
- Nutrition education
- Team building activities
- Video review sessions



Mental Strength

- Teams work with an approved Mental Strength facilitator
- Confidence and self worth
- Performance on demand
- Handling adversity

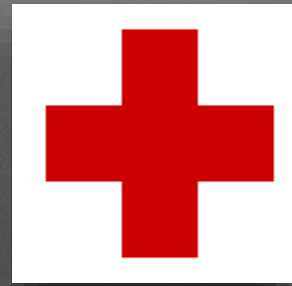


Character development

- Commitment to excellence
- Maintain a positive attitude
- Show Buffalo Pride
- Treat others with respect
- Community volunteering activities



Trainers



- Each team will have a trainer
- Trainers in attendance during camps and tryouts
- Trainers attend games during the season
- Injuries are confidential and return to play is at the discretion of the trainer

Equipment



- Included in registration: track suit, dry-land apparel, socks, pant shell, helmet stickers
- Hockey bags, team jackets, team hoodies and gloves are extra
- One family looks after one set of jerseys

Fundraising

- Golf Tournament in June
- Casino about every two seasons
- Yearbook
- Various team fundraising



