



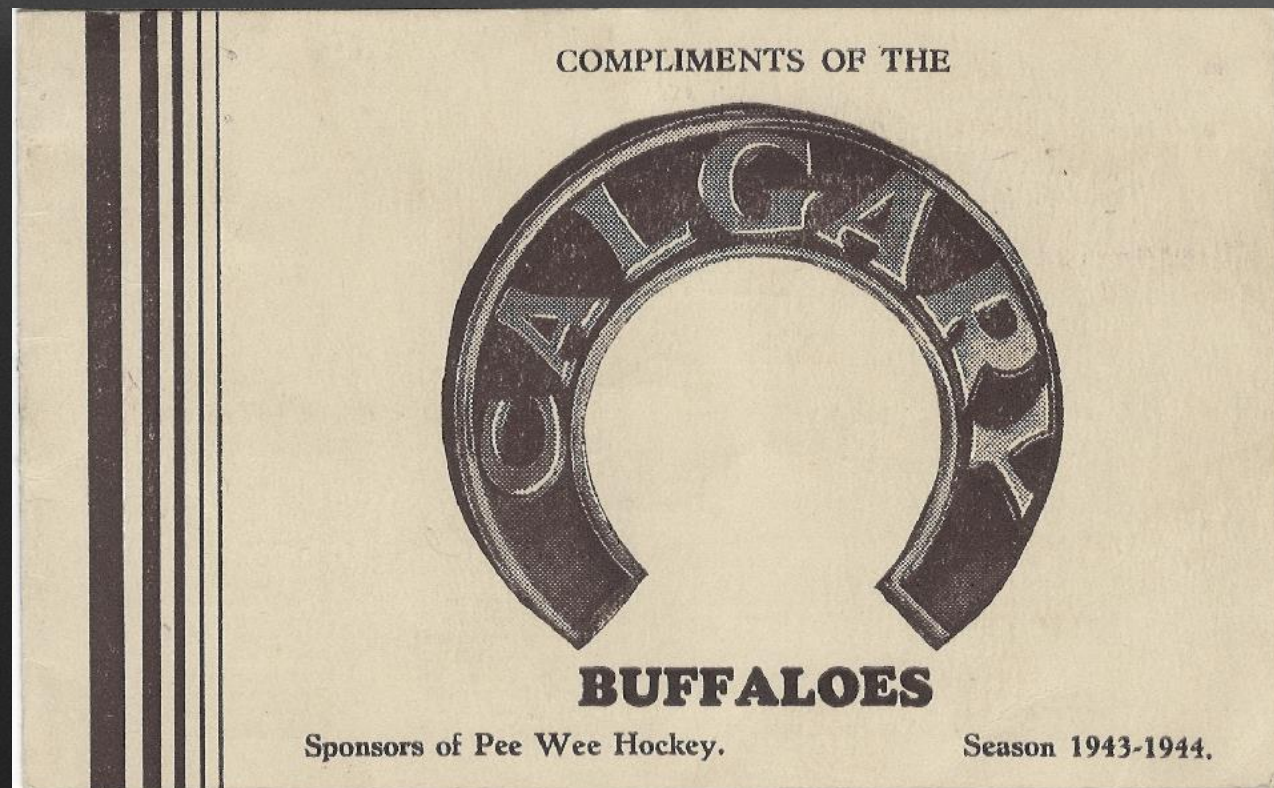
# Welcome U13 AAA

*“To be the best...then, now, always. Buffaloes together forever.”*



# CBHA 1943 - present

- Oldest Hockey Association in Calgary
- Pride in our history -we had 6 Pee Wee teams at the start!  
(although they were 13 yr olds)





# CBHA Mission Statement

*To provide a development program that facilitates the pursuit of hockey excellence and lifelong learning both on and off the ice.*





# Values



*Accountable*

*Pride*

*Honest*

*Respect*

*Passion*

*Perseverance*

*Desire*

*Commitment*



# U13 AAA Team Directors

*Each team has a VOLUNTEER Director*

*Once drafted to a team the Team Director (and Manager) will be your point of contact. Their contact info can be found on the CBHA website.*



# Registration



- Registration opens June 15 th
- Late registration July 15 th
- First time registrants must contact Lori McDonald to transfer Hockey Canada Profile with the CBHA starting May 1st
- Register for community and quadrant



# Conditioning Camp

- See info on website
- Run by CBHA coaches
- No specific goalie camp, 4 goalies per group



# Tryouts

- Cost \$TBD
- Open to all players no matter the previous level played
- Opens June 15th



*\*You must register with your community association to hold a spot if not successful in making a quadrant team*



# Cost

- Final registration cost TBD. We are still working on the details of the program. Final cost will be publicized by June 15th
- Team cash calls will be separate to the registration fees and will be determined as to the amount of extra tournaments, team building etc...as decided by the specific team
- Due all at once by Oct 1st or in 3 payments



# Evaluations

- Players are chosen(drafted) by the CBHA Coaching Staffs
- Coaches will be looking for: skating skills, puck control, Passing/shooting, attitude and hockey sense
- Mouthguards and neck guards are mandatory!



- Goalies evaluated by the Coaches, supported by the consultation of Goalie Coaches and Johnny Webb



- After the first 4 ice times there will be releases down to an approx. Top 70 This will be posted on the website
- The top 70 will skate once more divided into 4 teams.
- Each team will draft approx. 25 skaters and 3 goalies from the top 70
- Drafted teams will be posted on the website with their next ice time
- Those drafted but are not successful in making a team may be asked to affiliate.





# Team structure



Two U13 AAA team per association - 8 in Calgary

No Max or Minimum amount of 1<sup>st</sup> year players

Roster of 19 or 20 = 17/18 players & 2 goalies

Non parent coaches with Development 1 coaching certification



# On Ice development

- Most practices at Cardel. There will be some at other rinks.
- Most games on weekends. 2-hour ice permit. One flood every two periods
- Periods: 20 minutes
- Thanksgiving Tournament in Calgary
- Extra skill sessions with 3rd party specialists



- Coach mentorship, Coaches meetings, drill sharing
- Goalie development – Johnny Webb



# Off Ice Development

- Training with an approved CBHA vendor
- Once a week as schedule permits
- Nutrition education
- Team building activities
- Video review sessions





# Mental Strength

- Teams work with an approved Mental Strength facilitator
- Confidence and self worth
- Performance on demand
- Handling adversity





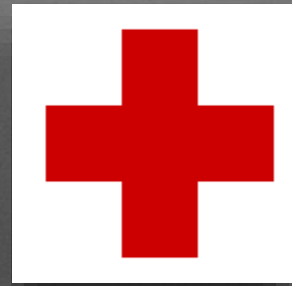
# Character development

- Commitment to excellence
- Maintain a positive attitude
- Show Buffalo Pride
- Treat others with respect
- Community volunteering activities





# Trainers



- Each team will have a trainer
- Trainers in attendance during camps and tryouts
- Trainers attend games during the season
- Injuries are confidential and return to play is at the discretion of the trainer



# Equipment



- Included in registration: track suit, dry-land apparel, socks, pant shell, helmet stickers
- Hockey bags, team jackets, team hoodies and gloves are extra
- One family looks after one set of jerseys



# Fundraising

- Golf Tournament in June
- Casino about every two seasons
- Yearbook
- Various team fundraising





