

CBHA Vision, Mission & Values

What is our Vision?

“To be the best....then, now, always. Buffaloes together forever.”

What does it mean to be a Calgary Buffalo?

- You are part of an Elite hockey program where our focus is to provide the foundation for the players, coaches and trainers to achieve success wherever their future path takes them.
- Your time here becomes part of your life and establishes life long relationships that will benefit you far beyond your time with the CBHA



What is our Mission?

“To provide a development program that facilitates the pursuit of hockey excellence and life long learning both on and off the ice”



Development

- **Provide the basics of good nutrition and its impact on success.**
- **Focusing on both individual and team on ice skills**
- **Off ice conditioning and providing the foundation for taking care of ones body to be in a position to compete at an elite level**
- **Psychological preparation to ensure success**
- **Strategy and goal setting realizing that success comes from deliberate actions that are methodically planned and executed**

What are the Values of the CBHA?

Accountable

Honest

Pride

Passion

Desire

Commitment

Perseverance

Respect